



The Jenkins Senior Living Community Serves Seniors with Compassion, Excellence and Integrity

Pastoral Care



In the Jenkins Senior Living Community, we cherish the divine within each person by supporting elders with compassion, excellence and integrity. Through our Pastoral Care Ministry, we strive to allow Christ's love to work through each of us so that our elders can live their lives fully. We assist staff, elders, families, and volunteers to be open to the wants and needs of all our members, and acknowledge the gifts that we each bring to the enrichment of our community. We find inspiration in the lives of St. Vincent De Paul and St. Louise De Marillac, who laid the foundation for the work of Catholic Charities; and the Daughters of Charity, who began a tradition of care for elders in the Saint Elizabeth Nursing Home that we continue today in the Jenkins Senior Living Community. We carry out our ministry in many ways: through daily Mass, bringing Holy Communion to elders, Ecumenical Services, Special Celebrations, Memorial Services, and Devotions as well as providing spiritual support for elders, families and staff. Acknowledging the Divine Within may even be as simple as taking the time to listen to elders as they share their life and concerns.

Carol Zieba
Pastoral Care Coordinator



Pastoral Care

So God what do you want me to do for you? - The Daughters of Charity

Sr. Eileen Davis



Sr. Eileen Davis's last day as Coordinator of Pastoral Care on the Jenkins Senior Living Campus was Thursday, August 20th, a position she has held since 1999 when she returned to Baltimore to care for her mother.

Since then, she has worked in Pastoral Care both on a full time and part-time basis depending on how well her mother was doing. Her mother now lives in Caritas House and celebrated her 102nd birthday this year. Sr. Eileen's retirement is from a varied and richly rewarding career during which the Daughters of Charity called upon her to take on assignments that sent her to Washington, D.C.; Albany, Troy and Buffalo, New York; Bridgeport, Connecticut; Norfolk, Virginia; Jacksonville, Florida; and finally back to Baltimore, her hometown.

Sr. Eileen first became attracted to the Daughters of Charity as a young woman attending St. Joseph's School (near Camden Station), and Seton High School where she was taught by the Daughters. She was taken by how all of the sisters were very good to persons who were struggling (since this was shortly after the Depression). She remembers that as a student at Seton they would go out in the community near the school to visit the elderly. That experience was to give her a taste of some of the missions she would undertake during her career.

In 1944, Sr. Eileen entered the Daughters of Charity's Seminary in Emmitsburg and completed her training in 1946. Following her first assignment teaching in Albany she was asked to take nursing training at the Catholic University of America. After finishing her education there, she

really wanted to be a visiting nurse; however, the Daughters had something else in mind for her and missioned her as an operating room nurse. This experience would shape a significant phase of her career and would allow her to take on such roles as Operating Room Supervisor, Nursing Services Coordinator, and ultimately Director of Nursing Services for both St. Agnes Hospital in Baltimore and Providence Hospital in Washington D.C.

Another opportunity arose when Sr. Eileen was missioned to Villa Louise as a Nurse Counselor. Her work there had a technical as well as a nurturing focus that helped the young women to make the decision of a lifetime either to raise their child or make an adoption plan. Following her work at Villa Louise, Sr. Eileen spent six years working in vocation formation in Emmitsburg with women entering the Daughters of Charity. A second missioning to Jacksonville occurred in 1983. St. Vincent's Home Health Division provided an opportunity for pastoral/spiritual care to referred clients.

Reflecting on her ten years in Pastoral Care at Jenkins, Sr. Eileen has come to realize the importance of "walking with elders as they go through life's changes." "There is joy in guiding a person who may feel diminished and letting them know that they are loved." Although Sr. Eileen is ending her official role in Pastoral Care she plans to return as a volunteer to continue contributing to the staff's work of making the whole experience of living in the Jenkins Senior Life Community richer!



Pastoral Care

Carol Zieba



Carol Zieba grew up in Catonsville on Rest Avenue, a street named after her grandmother's family. Several years ago she returned to the house on Rest Avenue where she was raised. That came about as a result of her need

to care for her mother, and the family home was more adaptable to her mother's needs. As it happened, that move and the need to care for her mother was the catalyst that resulted in her becoming a Pastoral Associate with the Jenkins Senior Living Community three years ago and assuming the responsibility for Coordinating Pastoral Care upon Sr. Eileen's retirement this past August.

Carol attended School at St. Mark and the Institute of Notre Dame and graduated from Catonsville High School. She received her Bachelor's Degree in Music Education from Towson State and began a rewarding 38 year career teaching Band and Orchestra in Anne Arundel County. Her major instrument was Clarinet. Toward the end of her teaching career, she began thinking of making a change. She had been teaching in three schools while caring for her husband. Upon his death, Carol decided to work toward a Masters Degree in Church Ministries at The Ecumenical Institute at St. Mary's Seminary and University.

Carol completed her studies in 2005 and began applying for positions as Director of Religious Education in Parishes. Nothing turned up! One day while she was surfing the web, she clicked on

"Careers" on Catholic Charities' website. Low and behold, the perfect job popped up—a part time Pastoral Associate Position with the Jenkins Senior Living Community. The part time aspect of the job was particularly appealing because of the time she needed to care for her mother. Carol applied for the job and was selected. She was surprised to realize that the caring for her husband and mother was considered a job qualification. Of course this is not a surprise to folks involved in elder care.

The transition from teaching to pastoral care seemed natural to Carol. "This was just what the Lord called me to do at the time." The past three years have been full of the weekly Pastoral Care routine of providing spiritual support for elders, families and staff. The challenge in her new position is to continue to provide the same level of support to elders with increasing needs and fewer resources. She will be working closely with Father Godswill and Pastoral Associates Violet Felicio and Marcy Gollery to fulfill their mission of supporting elders with compassion, excellence and integrity.

Jim Hillmann



Pastoral Care Team: Michael Dvorak, Violet Felicio, Fr. Godswill Agbagwa, Carol Zieba & Marcy Gollery

Senior Communities

Catholic Charities Senior Communities offer older adults exceptional, affordable homes and a helping hand as needed. We believe that all people, regardless of religion, beliefs, race or financial means, are entitled to quality-built and well-managed homes, and we believe that access to services is critical to aging well. We strive to ensure an atmosphere which enhances the physical, mental and spiritual well-being of each individual we serve. We work toward maintaining an environment that respects personal dignity and fosters personal growth. We serve more than 1,600 residents in twenty communities in Anne Arundel, Baltimore, Garrett and Harford Counties and Baltimore City. Service Coordinators link residents to benefit programs and local services and resources. Senior Support Services is available at seven of our communities—Arundel Woods, Basilica Place, DePaul House, Friendship Station, St. Joachim House, St. Luke's Place and Trinity House—lending a helping hand with meals, housekeeping, laundry and personal services. Our communities offer the privacy of one's own space with the option of sharing with friends just outside your door, or down the street; the security of having an affordable place to live with the peace that comes from knowing you can get help—an answer to a question, a connection, a helping hand; the space—and the right—to bring in whatever services are needed to stay right here, right at home. For more information please call 443 798-3423.

You are what you think. You are what you go for. You are what you do! - Bob Richards

Phillip Clarke



Phillip Clarke has been bowling Duckpins for over 45 years. He has been in leagues at the Brooklyn Bowling Lanes and AMF Southwest Bowling Center in Linthicum. At the top of his game his bowling average is

115. While bowling is Phil's sport, his profession was Photo Lithography. After graduating from Mergenthaler Vocational-Technical High School, he worked in this field as a Printing Estimator for twenty years for Diamond International, Art Litho, and Collins Litho. Following that he worked for Bank of America in Statement Rendering for the next twenty years.

Phil's philosophy is always to be optimistic. His positive attitude has been indispensable in his recovery from numerous operations for his back, both knees, and hips. Gradually over years he had begun to use public transportation and Mobility more frequently. By the mid-90s he had given up driving altogether. He also uses a power chair so he does not have to walk long distances. For some people these circumstances would be limitations; however, not for Phil. He gets around town with great alacrity. Last year Phil moved into Joachim House Congregate Living. However, that did not stop him from getting over to Linthicum for his Bowling League for a 35 week season. He says that he can usually get over to Brooklyn in a 35–40 minute ride on the bus. He also calls bingo monthly at St. Athanasius in Curtis Bay and St. Rose of Lima in Brooklyn.

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Senior Communities

Phillip Clarke *continued*

Did I say that Phil has retired? Well he would have to be with all that he has going on. Around Joachim he is the go-to person for mechanical problems. He has also become recertified as a Notary so that he could help Joachim and DePaul residents with their legal documents. Looking for something else to do, he started a Wii bowling league for residents in Joachim and DePaul Houses—four teams for a 20 week season. Phil joined a Pinochle League, helps out at Karaoke Nights, and joined Catherine Gallagher's Kitchen Band.

It came to Phil while he was in physical therapy after his operations that he needed to push himself so to he could be as independent as possible. It looks like Phil has accomplished his goal by going all out for whatever he undertakes.

Jim Hillmann



***The Wii Bowling League: Back – Mary Ann Fuller, Phil Clarke, Kay White, Chuck Bowber
Front – Lottie Jacobs, Kay Bugglen, Esther Baldwin
Alta Hardesty***

Mary Ann Fuller



Mary Ann has several mottos she lives by: “You’ve got to keep on truckin.” She also says “I always have something going on and get up at the crack of dawn each day.” Some days she actually doesn’t have

anything planned; however, it doesn’t take long for her dance card to fill up. Since Mary Ann moved into St. Joachim House, she has realized her goal of being as independent as she can be.

After her husband passed away in 1997 she lived with her son Dave, first in Catonsville and then moved with him and his family to Finksburg.

Finksburg is not that far away but far enough since she had to give up driving ten years ago when she was diagnosed as legally blind. Driving was not the only thing that she had to give up. She also stopped working as a receptionist for GEBCO where she had worked for over 11 years. This was a job she truly loved and would still be working there today if she could. However, as Mary Ann says, “you have to accept the hand you’re given and move on.” “You can’t sit back and feel sorry for yourself.”

While living in Finksburg, Mary Ann began thinking of how she could live on her own and be more independent. She knew someone who had lived at DePaul House in the 80s, and was impressed. That’s what lead her to apply and she moved into St. Joachim three years ago. At first

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Senior Communities

Mary Ann Fuller *continued*

she was apprehensive about how well she would be able to get around. That quickly proved not to be a problem, and now she is one of the residents who give tours to newcomers. She finds the residents and staff in the Jenkins Community are great. She has met so many nice people. This is likely to be the result of the activities she has joined particularly the Wii Bowling League and Joachim Social Club, of which she has recently been elected President.

She is somewhat surprised and pleased by her

election and it has her “running around like a nut.” The club has lots of outings and activities. A recent memorable gathering was the Club’s Crab Feast. They steamed the crabs out back that had been caught by a member’s nephew. The crabs were great and so was the music. Mary Ann likes to have fun but at the same time she likes to help people. “There is always someone around that you can help, and that’s what I try to do every day. That’s what we’re here for. Get involved, have fun, and stay young.”



Lotti Jacobs



When one has as heavy a social schedule as Lotti, you have to make choices. This Saturday she is going to miss a Wii Bowling League party celebrating the end of a 20 week season. She is going to miss it to attend a

wedding of her nephew’s daughter Laura. Not to worry! Another 20 week season will start up shortly. Lotti has other activities to look forward to as well. She belongs to the Red Hat Club that meets once a month for luncheons. Members of the group wear red hats and purple dresses to the gatherings; however, if you are 50 or under you don’t get to wear the red hat, you must wear pink! Lotti is 92 this month so she has seniority in the Red Hat Club. There are 25 members in the group. Lotti is also a member of the Kitchen Band that performs regularly at St. Elizabeth’s Rehabilitation and Nursing Home. They practice once a week!

Lotti likes to stay busy and is a great raconteur of her experiences in the real estate business she and her husband Ray owned and ran for 30

years—Jacobs Realty. She was the president and he was treasurer. She says that they were a great team. She is proud of their business record, having been rated as having the third highest sales in Maryland with a small staff of three. Lotti and Ray’s approach to selling homes was to help the buyer to find a home they loved and could afford. She would advise, “Stick with me and we’ll find you a home you will love and you will also be able to sleep at night.”

She describes her husband as one in a million. She and Ray originally lived in Hunting Ridge and moved to Frederick when they retired. After twenty years in Frederick, they moved to Caritas House for the support that they felt Ray needed; however, a year and a half ago they moved to DePaul house. In 2008, twenty one days after his 97th Birthday, Ray passed. Lotti misses him; however, she is quick to say that they had 70 wonderful years together.

Lotti says the main thing that she likes about living at DePaul House and the Jenkins Community is the people. “I have wonderful associations here.” She is particularly impressed with the staff at St. Elizabeth, where Ray spent some of his last days. They always remember her and give her a hug whenever she visits.

Jim Hillmann

Physical Therapy

If what you're working for really matters, give it all you've got - Nido Qubein

Rich Rigali



Rich has been involved in fitness all of his life. As a young man he wrestled and performed all genres of dance; Street, Jazz and Ballet in college. This interest in fitness led to his early career as a Fitness and Aerobics

Instructor in the New York area. A friend suggested that physical therapy might be a good direction for him. He thought it over and decided it would be a good match since he liked working with people and had a long-term commitment to helping people get fit. His next step was to earn a Masters Degree in Physical Therapy from Touro College in New York City. After graduation, his wife was offered a job transfer with the 3M Corporation to Baltimore. So the Rigali family moved to town.

Rich was working in the field of rehabilitation services in the Baltimore area when after a few years he decided to start his own business. That was ten years ago. He describes his approach to running a business as a “marriage between business and ethics.” He says that to be successful you have to deal with the financial aspects of the business but it can never influence how you treat people. There is also a direct relationship between how we treat staff and how together we treat the elders we support. The motto of his company, *Assisted Rehab*, is “we

bring rehabilitation to you.” *Assisted Rehab* currently employs ten staff.

One of Rich's first clients in the early years was Augsburg Lutheran Home whom he continues to service. In 2005, *Assisted Rehab* began providing services to St. Elizabeth. Rich says that he was attracted to St. Elizabeth by its reputation as a place that took care of its elders and was also a wonderful place to work. Rich's goal is to build on that reputation by providing the best rehab we can to the elders, working cohesively with the staff and families. “We want to feel that we are all one in our efforts to help elders get back their functional ability and quality of life.”

Rich has seen an increase in need for skilled rehabilitation services at St. Elizabeth over the past two years. His approach is to empower his staff and incorporate them in the decision-making process to make the most effective use of their skills, equipment and space. “What can we do together to provide the best rehabilitation services possible?.”

Jim Hillmann



The Assisted Rehab Team: Tracy Stout, Marina Atmark, Lackson Ngona, Nancy Runkles, Meg Otake & Loretta Plater



**The Jenkins Senior
Living Community**

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Catholic Charities

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***T*he Jenkins Senior Living Community has many opportunities for service to meet the spiritual needs of over 400 elders who live with us. Please consider volunteering with our Pastoral Team today by calling 410-646-6513 and help us support our elders with compassion, excellence and integrity!**

-  Eucharistic Ministers assist with the Communion Services on Wednesdays, make Communion rounds during the week, and assist with Sunday Masses at 10:00 and 11:30 a.m.
-  Cantors, Lectors, Acolytes, Musicians and Organists help with Sunday Mass and Memorial Services.
-  Pastoral Assistants make visits to elders at St. Elizabeth Rehabilitation and Nursing Center, Caritas House and in the Senior Apartments at St. Joachim House and DePaul House.
-  Volunteers help decorate for major Holy Days, prepare Mass bulletins, help maintain sacred altar linens, altar clothes and vestments, and help bring elders for Mass and Communion Services.